The Role of Symbolic Violence in Class and Race with Mitigation Activities

# Introduction

It is easier to describe symbolic violence using physical violence. A forceful punch onto the face may develop a bruise that can heal within a week. Constantly hammering you hand on the same spot painlessly for a week will develop a wound that cannot heal and with no cure. Using the aforementioned details, we can therefore associate the symbolic violence with the developed wound with no pain and unawareness of one hurting himself.

Several studies have shown that symbolic violence have great impact on identity, resources, social spaces, discrimination, marginalization, exclusion, lifestyle and heritage of which allows the foundation of physical violence.

This essay aims to elaborate the concept of symbolic violence by obtaining the meaning of how social class inequalities are formed in relation to gender and race. Mitigation activities will also be introduced to alleviate the effect of symbolic violence.

# Background

## Literature Review

(Healie & Connolly, 2004) performed the study in Belfast to measure the impact of symbolic violence on social class based on 10-11-year-old boys from both the working and middle class. Their finding will be applied on this paper.

(Gast, 2018) studied how academic disparities and teacher-student relations are affected social-class difference for both teachers and black students. This research includes demonstration power arising from language and legitimization.

# Symbolic Violence in Class and Race Oppression

# Discussion and Analysis

# Conclusion